



# FOR THE **Wee** ONES!

..... 'cos a kid gets to eat.

- Apples & Peanut Butter** | sliced apples and natural peanut butter. **\$2.50**
- Tofu Scramble with Toast & Jelly** | our delicious homemade tofu scramble with a side of grilled toast and strawberry, raspberry, or grape jelly. **\$4.75**
- Beans & Quinoa** | delicious, healthy, and filling. black beans cooked with the world's perfect protein, quinoa. delicately spiced so the kids will like it. **\$3.50**
- Sketti (kid-sized)** | a small order of sketti & meatballs made from our homemade marinara and spaghetti noodles with a side of seasoned toast. **\$4.00**
- Baby Aven Plate** | a small plate of simple foods for the young'uns to pick at: peas, mashed sweet potato, pineapple chunks, and broccoli. served chilled. **\$2.50**
- Bowl o' Broccoli** | blanched broccoli served with your choice of dressing on the side. **half order \$2.00 / full order \$3.95**



served with corn chips, potato salad, or fruit.

- Grilled Cheez Sandwich** | two pieces of bread with cheez grilled to perfect melty goodness. **\$4.50**
- Peanut Butter & Jelly Sandwich** | natural peanut butter with your choice of jelly (grape, strawberry, or raspberry). served on multi-grain bread. **\$3.75**
- V-L-T** | bacun bits, lettuce, and tomato served on grilled bread with mayo. simple and delicious. **\$4.50**
- Pickle Sandwich** | two slices of bread with mayo and pickles. that's it! we'll even throw in a side for you. **\$2.25**

## FUN DRINKS!

- Fresh Made Smoothies** | healthy and delicious, our smoothies are made from fruit and juice. check the smoothie menu for all the wonderful blends. we also have dessert smoothies!
- Fruit Slushie** | your choice of juice blended with frozen strawberries. **\$4.75/16oz.**
- Hot Cocoa** | cocoa with your choice of steamed almond or soymilk. **\$3.00**



don't forget

## DESSERT!

all of our desserts are made from organic flour, organic evaporated cane juice, and contain NO hydrogenated oils.